



“CURRICULUM VITAE”

Dr. Sanjay Bajaj, CEO & Founder

India Home Care Medicine, Consultant Geriatrician

A Unit of Laxmidevi Bajaj Geriatric & Preventive Research Centre Pvt. Ltd.

Branches : Pune, Kolhapur, HQ : Nagpur - 440022, M.S., INDIA

www.doctoraturhome.com [M. No. 9823013891, 0712 – 2236633]

MISSION AND VISION STATEMENT :

- **MISSION** : To make our organization an ACO [Accountable Care Organization] in the field of Home Care Medicine
- **VISION** : To give every deserving older Indian high-quality patient-centred care, who visits our Geriatrics Facility.

Educational Profile :

- M.D., PGCCG, FGSI, CCIP, B.Journ., D.B.M., D.I.R.P.M., D.E.P.S.

Membership: [Professional Organizations]

- American Academy of Home Care Medicine [AAHCM] → Geriatric Society of India [GSI]
- American Geriatrics Society [AGS] → Indian Gerontological Association [IGA]
- British Geriatric Society [BGS] → India Academy of Geriatrics [IAG]
- Canadian Deprescribing Network [CaDeN] → Indian Menopause Society [IMS]
- International Geriatric Fracture Society [IGFS] → Indian Medical Association [IMA]
- International Osteoporosis Foundation [IOF] → Academy of Medical Sciences [AMS]
- National Council on Ageing [NCOA] → Diabetic Association of India [DAI]

Personal Profile:

- **Pioneer in HBPC in India** : First Consultant Geriatrician of India, who has rich experience of around 27 years, has done more than 71,000 Home Visits in treating elderly persons. He has innovated Innumerable plans for HrQoL [Health related Quality of Life] of elders by doing Home Visits like :
 - a) **Life Time Immunization Plan [LTIP]** : Any elderly can avail Geriatric Vaccination [GV] Plan for Life Time by paying lump sum at the start of the plan. After that the vaccinee gets life time vaccination by Home Visits till he/she alive.
 - b) **Osteoporosis Treatment by Inj TPTD** : After the diagnosis of Severe Osteoporosis, Inj Teriparatide [TPTD] is given by daily Home Visits for 2 years after doing DXA SCAN, P1NP etc.
 - c) Just one visit to the website will clear all other innovative plans by Home Visits : www.doctoraturhome.com
- **GEDPA** : Innovated a course of Evidence based “FALLS PREVENTION EXERCISE COURSE”, titled as “Geriatric Exercises with Deprescriptional Physical Activity” [GEDPA] for Indian Elderly.
- **NCOA** : Since 2016, he is celebrating Falls Prevention Awareness Day [FPAD] on 22nd Sept 2016, every year in India.
- **IOF** : He has joined the Global Movement of IOF : “Capture The Fracture” in Florence [Italy], when he attended the [WCO-IOF-ESCEO – 2017] : World Congress on Osteoporosis, Osteoarthritis and MSD, 23 – 26 March 2017.
- **FRAX Translation** : He has got official permission from Dr. John A. Kanis, Professor Emeritus, University of Sheffield (U.K.) to translate FRAX into Hindi [Indian National Language] and Marathi [Indian Regional Language], in Krakow, Poland, when he attended the [WCO-IOF-ESCEO – 2018], 19 – 22 April 2017.
- **SarQoL** : Translated Sarcopenia Questionnaire in Hindi and Marathi, it is available on SarQoL official Website with due credits to him (www.sarqol.org), courtesy : WCO-IOF-ESCEO – 2017 & 2018.

- In his Geriatric Facility the Home Visit Services include : Falls Prevention Clinic, Osteoporosis Clinic, Podiatrics [Gait Analysis, Foot Wear etc.], Geriatric Vaccination, Comprehensive Geriatric Assessment, Advanced Nutrition, FOF [FEAR OF FALL], PMO, SARCOPENIA, FRAILITY SYNDROM [FS], FRAX, Deprescription.
- An experienced and excellent organizer of professional societies with keen interest in promotion of Geriatrics, especially HBPC in India, in general and in Central India, in particular.

Presentations:

- 2008 : "Geriatrics - Preventive care of elderly persons by home visits" presented in Mure Memorial Hospital 17th January 2008, Nagpur.
- 2009 : "My Experience of caring for old age patients" in Workshop of FESCOM for elderly persons between on 12th to 14th June 2009, Nagpur.
- 2009 : "Preventive Check-ups and treatment for long and quality life of Geriatric Population by House Visits" presented in GSICON 2009 "13th Annual National Conference of Geriatric Society of India" on 31st Oct - 1st Nov 2009, Hyderabad
- 2010 : "Geriatrics - How I Practice!" - Presented in GERICON - 2010 in Indian Medical Association - Mumbai West, IMA - CGP Mumbai West Sub Faculty & IMA - CGP Maharashtra State Branch "Conference Dedicated To Geriatrics" on 21st Feb 2010 in Mumbai
- 2011 : "Assessment Tools in Geriatrics" presented in a Workshop on Geriatric Nursing "Healthy Ageing Makes The Difference" 1st & 2nd October 2011, Mure Memorial Hospital, GSI [Vidarbha Chapter], Nagpur.
- 2011 : "Geriatric Vaccination – Life Time Plan for Above Sixty Persons in India" 8th International Conference on Geriatrics Care [GSICON] at Amritsar on 5th & 6th Nov 2011
- 2012 : "9th International Geriatric Care 2012 Conference, "Geriatric Population : Docs, popularize the vaccination in elderly to fight ageing", 13th & 14th October 2012, BELGAUM, KARNATAKA
- 2014 : "ACADEMY OF MEDICAL SCIENCES, MGIMS, SEVAGRAM", "Geriatric Population : Docs, popularize the vaccination in elderly to fight ageing" 15th January 2014, Wednesday
- 2016 : GERIATRIC SOCIETY OF INDIA, PUNE CHAPTER, FALLS, 04/02/2016, B.J. MEDICAL COLLEG, PUNE
- 2016 : MTCGSICON 2016 - Mid Term Conference presented in a "Management and Prevention of FALLS in Elderly" 26th March 2016, Shri. B. M. Patil Medical College, Hospital & Research Centre, Vijayapura, Karnataka, India.
- 2016 : GERIATRIC SOCIETY OF INDIA, KOLHAPUR CHAPTER FOUNDER BODY INSTALLATION, FALLS, 06/08/2016, GSI INSTALLATION, KOLHAPUR
- 2017 : SAFOMS – IMSCON 2017, "Life Style Modifications To Prevent Fracture and Falls" 19th Feb 2017 [Sunday] Raipur [CG] = Indian Menopause Society, International Conference by Raipur Chapter, National Faculty
- 2017 : GERICON 2017 [Nashik IMA] = Falls in Elderly, 23 July 17 [Sunday]
- GSICON 2017 Tirupati : Was invited as Guest Speaker on Falls in Elderly on 02/10/17 at TIRUPATI.

Awards & Distinction:

- [AAHCM] American Academy of Home Care Medicine, Nominated for House Call Physician of the Year award [14/05/15]
- IJGC : Awarded for original article titled "Out Reach Community Services in Nagpur City" in Indian Journal Of Geriatric Care, January - April 2012 Vol. No. 1
- Fellowship of Geriatric Society of India on 14th November 2010.
- Best Speaker Award, Postgraduate club [PSM Deptt.] GMC Nagpur [1986 - 87]
- "Distinguished Service Award" Geriatric Society of India on 12th November 2010, presented in 7th International Congress On Geriatric Care, India Islamic Cultural Centre, New Delhi.
- Dr. Shridhar Ambale Scientific Puraskar 2011, by Jyeshtha Nagrik Mandal Dakshin Nagpur.
- "Appreciation Award" on 5th November 2011 presented in 8th International Conference on Geriatrics Care [GSICON] at Amritsar.
- Biggest Branch of GSI award in GSICON 2013 : 10th International Conference on Geriatric Care, Organized by : Geriatric Society of India & Influenza Foundation of India = 16th - 17th November 2013, PHD Chamber, New Delhi. Now the GSI [Vidarbha Chapter] has 91 National Body Members of GSI & more than 300 Members of Vidarbha Chapter.
- Indian Junior Chamber "Outstanding young person AWARD" for Distinguished Services Rendered To The Nation During 1990 - 91 in X State Conference Of Maharashtra, Mumbai.
- Awarded Orange City Achievement award 26th January 2012 by Peoples Arts Center, Mumbai

Publications:

- Original article titled "Out Reach Community Services in Nagpur City" in Indian Journal Of Geriatric Care, January - April 2012 Vol. No. 1.
- Executive Editor of Medicos Mirror from 1980 to 1989
- Author of 5 books in Marathi [Top Most Indian Regional Language] on Elder's Health.
- JIMA : Volume 91, Number 4, April 1993, ISSN 0019-5847, Article in Current Topic in "Recent Ordinance of Maharashtra Government"
- Jaypee Brothers, Prime medical publishers has published his 2 mnemonic books on 4 subjects in first week of April 2010.
- Jaypee Brothers, In the second week of March 2016, e - version of these both books are available.
- 10% Children of Lesser God - A book on disability related issues.
- A lead article in the book "Current Issues in Geriatrics - 4" published in MTCGSICON 2016 - Mid Term Conference presented in a "Management and Prevention of FALLS in Elderly" 26th March 2016, Shri. B. M. Patil Medical College, Hospital & Research Centre, Vijayapura, Karnataka, India.
- In Press : "10 Simple Steps to Prevent Falls", a book of guidelines for how to prevent falls. The book is in Press and will be published by Jaypee Brothers, Prime medical publishers.

ORGANIZED GSICON - 2014

- GSI : As a secretary of Geriatric Society of India, had organized GSICON 2014, 11th International Conference on Geriatric Care in collaboration with Influenza Foundation of India, IGNOU & Indian Menopause Society on 8th - 9th November 2014

FLOATED GSI PUNE & KOLHAPUR CHAPTER

- GSI : As a Central Zone Co - ordinator of National GSI, I was Instrumental in floating the PUNE CHAPTER of Geriatric Society of India. The Installation Ceremony took place on 5th September 2015 at the hands of Dr. O. P. Sharma, National Secretary, GSI in presence of Padmashri Dr. Sancheti.
- GSI : As a Central Zone Co - ordinator of National GSI, I was Instrumental in floating the KOLHAPUR CHAPTER of Geriatric Society of India.

Positions : Past and Present

- Zonal Co-ordinator [Central Zone], Geriatric Society of India since 9th Aug 2009.
- Founder Hon. Secretary, Geriatric Society of India [Vidarbha Chapter], since 11/10/2009
- President of Maharashtra State Interns' Association, State level President (1985 - 86).
- Secretary, Post Graduate Club of PSM dept (1986-87), GMC, Nagpur.
- Executive Editor of IMA magazine – IntIMate (1990-91), who gave this name to the magazine & was 1st executive editor of inaugural issue.
- Spoke's person X XI X National Conference of Indian Academy of Pediatrics Nagpur (M.S.) India 9 - 12 January 1992.
- Spoke's person X Maharashtra State Conference of IAP Nagpur (1999).
- Spoke's person SLEEPCON 2011 International Conference On Sleep Disorders Annual Conference of Indian Sleep Disorders Association (8th, 9th & 10th April 2011), Nagpur.
- Chairman Publicity, 9th National Conference of IAP Childhood Disability Group, 14th to 16th September 2012, Nagpur, Organized by Indian Academy of Pediatrics, Nagpur & National Childhood Disability Group of IAP.

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